



REFLECTIONS

April 23, 2023

**But you, O God, are my king from of old;
you bring salvation upon the earth...
It was you who opened up springs and streams;
you dried up the ever flowing rivers.
The day is yours, and yours also the night;
you established the sun and moon.
It was you who set all the boundaries of the earth;
you made both summer and winter.**

Psalm 74:12, 15-17

Morning Breeze

(Refreshed from the Archives of May 26, 2013)

There's something about a cool morning breeze that brings peace to the soul. No matter the challenges the day promises or emotions lingering from the day before, the morning breeze seems to set them aside to awaken life as God meant it to be.

In the Garden trees grew up from the ground. They were pleasing to the eye, and they provided all the delicious fruit anyone would ever want. Rivers flowing through the Garden kept foliage fresh and green; and surely the morning breeze was just as peaceful then as it is in our day. But like so many of our blessings, it was taken for granted and went unappreciated. So God took it all away.

"By the sweat of your brow you will eat your food until you return to the ground since from it you were taken," the Lord said to Adam after the fall. And so the legacy that defines our lives today. But still, the morning breeze serves as a reminder of those perfect days God intended in the beginning. Birds feed on the greenery, chirp from the treetops, and wildlife scampers playfully along the ground to entertain the mind. God's presence overflows when we pause to pay attention.

The morning breeze stimulates the mind and makes one wonder why we make so much ado about our differences, or battle so hard for wealth, or struggle so much to gain position and power. All we need every day is to awaken to the morning breeze to hear God whisper, "Good morning. I love you today."

It's God's way to offer a little piece of heaven if we only pause to pay attention.

You are the light of the world,

Richard +

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