



REFLECTIONS

May 26, 2013

**But you, O God, are my king from of old;
you bring salvation upon the earth...
It was you who opened up springs and streams;
you dried up the ever flowing rivers.
The day is yours, and yours also the night;
you established the sun and moon.
It was you who set all the boundaries of the
earth; you made both summer and winter.**

Psalm 74:12, 15-17

Morning Breeze

There's something about a cool morning breeze that brings peace to the soul. No matter the challenges that the day promises to bring or the emotions lingering from the day before, the morning breeze seems to set them to rest and awakens life as God meant it to be.

The Garden was the place where trees grew up from the ground. They were pleasing to the eye and they provided all the delicious food that anyone would ever want. Rivers flowed through the Garden to keep the foliage fresh and green. And surely the morning breeze was just as peaceful then as it is in our day. But like so many of our blessings, it was taken for granted and went unappreciated. The desire for more overcame it, so God took it all away.

"By the sweat of your brow you will eat your food until you return to the ground since from it you were taken," the Lord said to Adam after the fall. And so that is the legacy that defines the way we must live today. But the morning breeze serves to remind us of those perfect days God meant to be. Birds feed on the greenery, chirp from the treetops, and wildlife scampers playfully along the ground entertaining the mind. God's presence abounds when one stops to pay attention.

The morning breeze stimulates the mind and makes one wonder why we make so much ado about our differences, or battle so hard for wealth, or struggle so much for position and power. All we need every day is present when we awaken to feel the morning breeze. It's a way for God to whisper, "Good morning. I love you today."

It's a way God offers a little piece of heaven if we only pause to pay attention.

You are the light of the world,

Richard +

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