



# REFLECTIONS

January 13, 2013 Refreshed from August 7, 2005

**I was appointed from eternity, from  
the beginning, before the world began.**

*Proverbs 8:23*

## I Am Me

Fear shivered through me. Blood rushed from my head and my face fell flush. I was only a little boy then but I remember how a new awareness electrified my body. Whatever prompted the moment, I was struck by a reality. *I am me!* I am no one else and no one else is me. Then I thought, “*when I am gone, I am gone.*”

I tried to combat the fear by shoving the whole idea into the darkest cellar of my mind, lock it up and not ever let it out again. But the thought sometimes returned. I could never find a lock secure enough to keep that realization from haunting me now and then.

Finally, peace came one day—when I am gone, I am *not* gone. It took years to discover that there is a distinction between *I am me* and *I am the body I live in*. It took years for me to understand my body is nothing more than the housing that surrounds who I really am. It serves me during my time in this world much like a space shuttle serves astronauts. It is a vessel that moves me about, provides the tools that God granted me during my time in this place, and it makes me visible to others. But my body does not define who I am.

God made me before the world began. When my ride is over in this life, I will be born into a new a new world just as God planned. In that new world I will have a new home, more secure, total peace, and life for eternity. It is God’s home and there is a room for me there.

I am not gifted enough to imagine much beyond life on this earth, but God’s home will exceed everything experienced in this world. It will be in a form incomprehensible. Joy will be complete. There will be no hurt nor pain, nor hunger nor thirst. There will be no war, no terror, no evil—only peace and love.

And I will still be me.

*You are the light of the world,*

*Richard +*

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