

"Thou wilt keep him in perfect peace whose mind is stayed on Thee." When the shadows come and darkness falls, He giveth inward peace. O, He is the only perfect resting place, He giveth perfect peace! "Thou wilt keep him in perfect peace whose mind is stayed on Thee." 'Tis the promise of the Holy One, "My peace I give to thee." Tho' the storms of life in fury rage, Thy Refuge sure is He. Oh, He is the only perfect resting place! He giveth perfect peace. "Thou wilt keep him in perfect peace, whose mind is stayed on thee." (Worship in Song, No. 418)

- 9 Psalm 143; 27:11; John 14:23-27; Romans 5:1-5; 8:6; 12:17-21; 14:19
- 10 Proverbs 29:17; Hebrews 12:1-14; James 3:17-18; Ephesians 4:3; 6:14-15
- 11 Matthew 10; Ephesians 2:14-22; Romans 5:1-11
- 12 Psalm 25; Jeremiah 3:25; Ephesians 2:1-10; Psalm 32
- 13 Psalm 86; Exodus 34:6; Joel 2:13; John 15:8-17
- 14 John 13:1-17; 1 John 1; 2
- 15 1 John 3; John 13:34-35

Love divine, all loves excelling, Joy of heaven, to earth come down. Fix in us Thy humble dwelling, all Thy faithful mercies crown! Jesus, Thou art all compassion, pure, unbounded love Thou art. Visit us with Thy salvation, enter every trembling heart. Come, Almighty, to deliver; let us all thy life receive. Suddenly return, and never, never more Thy temples leave. Thee we would be always blessing, serve Thee as Thy hosts above. Pray, and praise Thee without ceasing, Glory in Thy perfect love. (Worship in Song, No. 16)

- 16 John 3:16-18; Romans 5:8; 1 John 4; 2:3-4, 9-11
- 17 1 John 5; Psalm 36; 106:1
- 18 1 Corinthians 13; Psalm 118:1; 1 Corinthians 10:24; Romans 15:1-2
- 19 Psalm 96; Hebrews 1:1-12
- 20 Isaiah 52; Psalm 98; Psalm 126
- 21 Psalm 2; 24; Jeremiah 23:5-6; Psalm 89:35-36
- 22 Isaiah 7:14; 8:5-10; 9:2-6; 11:1-5; 53

From God's heaven to a manger, from great riches to the poor, came the holy Son of God, a little Child. From the azure halls of heaven to a lowly manger stall, Jesus came, and here He gave his life for all. From a loving heavenly Father, to a world that knew Him not, came a man of sorrows, Jesus Christ, the Lord. In my wandering Jesus found me, touched my life with His great love, and this Babe has grown to be my sovereign Lord. (Hymns for the Family of God, No. 199)

- 23 Matthew 1:18-25; Luke 1:26-56; Genesis 17:19; Ps 132:11-18; Galatians 3:16
- 24 Luke 2:1-20; Colossians 1:15-23; Isaiah 43:1-3; 45:22
- 25 John 1:1-34; 3:14-21, 36; 6:35-51; 12:44-45
- 26 Leviticus 12; Luke 2:21-40; Is 42:1-9; 8:13-17; 40:1-11; Jn 10:11; Psalm 23
- 27 Micah 5:1-5; Matthew 2
- 28 Luke 2:41-52; Proverbs 3:1-6
- 29 Luke 3:1-23a; John 1:1-34
- 30 Psalm 1; 32; 119:1-16
- 31 Ecclesiastes 3:1-11; Psalm 90; 2 Corinthians 5:1-10; Romans 12:1-2



First Cup Readings

November - December 2012



Let the morning bring me word
of your unfailing love,
for I have put my trust in you.
Show me the way I should go,
for to you I lift up my soul.

-Psalm 143:8

Dear Family in Christ,

First Cup is designed to assist you in the habit of daily Bible reading and prayer. The name is to remind you that as you reach for your first cup of morning coffee or tea, reach also for your Bible and prayer list. The prayers at the beginning of each week are taken from hymns, sometimes found in obscure hymnals in my library. They are intended to be read as your beginning prayer, to focus your mind on the daily readings that follow. May this spiritual discipline strengthen you as you face each day.

Blessings and love in Christ,

Sandy Starch & Claire Averyt

Far away in the depths of my spirit tonight rolls a melody sweeter than psalm; In celestial-like strains it unceasingly falls o'er my soul like an infinite calm. I am resting tonight in this wonderful peace, resting sweetly in Jesus' control; for I'm kept from all danger by night and by day, and His glory is flooding my soul. Peace! Peace! Wonderful peace, coming down from the Father above; Sweep over my spirit forever, I pray, in fathomless billows of love. (Hymns for the Family of God, No. 494)

NOVEMBER

- 1 Psalm 4; Ephesians 4:17-32; Matthew 5:23-26; 2 Corinthians 5:16-21
- 2 Psalm 6; 69:3; Hebrews 12:1-13; Psalm 26:5-6; 30:4-5
- 3 Psalm 8; Genesis 1-2:3; Hebrews 2; Philippians 2:1-11

"Thou will keep him in perfect peace, whose mind is stayed on Thee." When the shadows come and darkness falls, He giveth inward peace. In the shadow of the mighty Rock I lay me down to sleep; He who watches over Israel so faithfully will keep. 'Tis the promise of the Holy One, "My peace I give to thee." Tho' the storms of life in fury rage, Thy Refuge sure is He. Oh, He is the only perfect Resting Place! He giveth perfect peace. "Thou wilt keep him in perfect peace, whose mind is stayed on Thee." (Worship in Song, No. 419)

- 4 Psalm 9; 7:15-16; Proverbs 23:17-18; 2 Chronicles 7:14; Pr 11:14; 14:34
- 5 Jeremiah 17:5-12; Psalm 14; Romans 3:9-18; 5:18-21
- 6 Psalm 16; 77:1-12; Philippians 3:7-14
- 7 Psalm 19; Isaiah 40:21-31; Romans 10:5-18; Psalm 74:16-17
- 8 Psalm 20; 21:1; 145; 1 John 2:17
- 9 Psalm 70; 27; 2 Corinthians 4
- 10 Psalm 28; Jeremiah 9:7-9; Psalm 5

The love of God is greater far than tongue or pen can ever tell; it goes beyond the highest star and reaches to the lowest hell. Oh, love of God, how rich and pure! How measureless and strong! It shall forever more endure- the saints' and angels' song. When years time shall pass away, and earthly thrones and kingdoms fall, when men who here refuse to pray, on rocks and hills and mountains call, God's love so sure, shall still endure, all measureless and strong; Redeeming grace to Adam's race -the saints' and angels' song. (George Beverly Shae)

- 11 Psalm 30; 2 Corinthians 4:16-18; Romans 8:18-28; Psalm 130
- 12 Psalm 37; 147:11; Isaiah 57:1-2
- 13 Psalm 119:113-136; 42
- 14 Psalm 121; Isaiah 25:4; 49:8-13; 12; Hebrews 13:6
- 15 Psalm 31; 91; Proverbs 12:21
- 16 Psalm 46; 92; John 15:1-17

- 17 Psalm 103; 2 Corinthians 4:7-18

In heavenly love abiding, no change my heart shall fear. And safe is such confiding, for nothing changes here. The storm may roar without me, my heart may low be laid, but God is round about me, and can I be dismayed? Wherever He may guide me, no want shall turn me back. My Shepherd is beside me, and nothing can I lack. His wisdom ever waketh, His sight is never dim; He knows the way I taketh, and I will walk with him. (The Hymnbook, No. 417)

- 18 Psalm 34; Isaiah 61
- 19 Psalm 84; Ephesians 1
- 20 1 Samuel 26:23-24; Psalm 18; Hebrews 12:1-3
- 21 1 Samuel 16:14-23; Psalm 33; Hebrews 11:3; Isaiah 8:10; Deuteronomy 7:7-26
- 22 Psalm 95:1-7; 96; Isaiah 49:13; Romans 15:5-13
- 23 Psalm 116; Ecclesiastes 5:1-7; James 5:13
- 24 Psalm 118; John 12:12-16; Ephesians 2:19-22

Redeemed--how I love to proclaim it! Redeemed by the blood of the Lamb! Redeemed through His infinite mercy, His child, and forever, I am. Redeemed and so happy in Jesus, no language my rapture can tell! I know that the light of His presence with me doth continually dwell. Redeemed, redeemed, redeemed by the blood of the Lamb; Redeemed, redeemed, His child, and forever I am. (Worship in Song, No. 357)

- 25 Psalm 100; 1 Chronicles 16:8-36; Ephesians 5:19-20; Colossians 3:1-17
- 26 Psalm 106; 147:1-3
- 27 Psalm 107; 2 Corinthians 5:17
- 28 Isaiah 59:1-20; Ezekiel 18:30-32; Romans 11:25-27
- 29 Isaiah 40; Matthew 3:1-3; Mark 1:4; Luke 3:2-6
- 30 Matthew 24; Revelation 16:15; Luke 12:35-48

DECEMBER

- 1 1 Thessalonians 4; 1 Corinthians 15:35-58

Season of Advent: Four Sundays focusing on Hope, Peace, Love, and Joy

My hope is built on nothing less than Jesus' blood and righteousness; I dare not trust the sweetest frame, but wholly lean on Jesus' name. His oath, His covenant, His blood, support me in the whelming flood; when all around my soul gives way, He then is all my hope and stay. When He shall come with trumpet sound, Oh, may I then in Him be found, dressed in His righteousness alone, faultless to stand before the throne. On Christ, the solid Rock I stand, all other ground is sinking sand. (The Hymnbook, No. 368)

- 2 1 Thessalonians 5; Ephesians 6:10-20; 1 Corinthians 1:8
- 3 Isaiah 5:18-19; 2 Peter 3; Ezekiel 12:21-28; Isaiah 14:24; 45:18-25
- 4 2 Thessalonians 1-2
- 5 Isaiah 9:6; 11; Micah 5:2-5; Romans 15:1-13
- 6 Psalm 62; 4
- 7 Luke 12:13-34; Philippians 4:6-7
- 8 Psalm 46; 9:7-10; 100:3; 4:8; John 14:26-27