



FIRST CUP

JULY – AUGUST 2011

Dear Family in Christ,

First Cup is designed to assist you in the habit of daily Bible reading and prayer. The name is to remind you that as you reach for your first cup of morning coffee or tea, reach also for your Bible and prayer list. The prayers at the beginning of each week are taken from hymns, sometimes found in obscure hymnals in my library. They are intended to be read as your beginning prayer, to focus your mind on the daily readings that follow. May this spiritual discipline strengthen you as you face each day.

Blessings and love in Christ,

Sandy Sturch & Claire Averyt

There's a call comes ringing o'er the restless waves, "Send the light, send the light! There are souls to rescue there are souls to save, "Send the light, send the light! We have heard the Macedonian call today, "Send the light, send the light, the blessed Gospel light; let it shine from shore to shore. (The Baptist Hymnal, No. 307).

JULY

- 1 Acts 15:36-16:5; Romans 12:16; 1 Peter 3:8; Colossians 3:12-17; Ephesians 4:1-3
- 2 Acts 16:6-15; Galatians 3:26-29; Revelation 3:20; Romans 1:14-17

If thou but suffer God to guide thee and hope in Him through all thy ways, He'll give thee strength what-e're betide thee and bear thee through the evil days. Who trusts in God's unchanging love builds on the rock that naught can move. Sing, pray, and swerve not from His ways, but do thine own part faithfully. Trust His rich promises of grace, so shall they be fulfilled in Thee. God never yet forsook at need the soul that trust him in deed. (The Hymnal, No, 344)

- 3 Acts 16:16-40; Mark 1:21-27; Psalm 42:8-11; 32:7; 1 Peter 2:19-24
- 4 Acts 17:1-15; Deuteronomy 29:29; 2 Timothy 2:15; 3:16-17
- 5 Acts 17:16-34; 2 Kings 17:1-15; Isaiah 42:8; 1 John 5:19-21
- 6 Acts 18; Titus 3:1-11; Romans 12:9-21
- 7 Acts 19; Romans 1:18-32; Ephesians 2
- 8 Acts 20; Ephesians 6:10-20; Romans 15:13; 2 Peter 2:1-10; Revelation 2
- 9 Acts 21: 1-26; Jeremiah 13:1-11; John 15:18-16:4; Philippians 1:21-30

Who is on the Lord's side? Who will serve the King? Who will be His helpers other lives to bring? Who will leave the world's side? Who will face the foe? Who is on the Lord's side? Who for Him will go? By Thy call of mercy, by thy grace divine, We are on the Lord's side. Saviour, we are Thine. (Worship in Song, No.318)

- 10 Acts 21:27-22:29; Psalm 109; 2 Timothy 2:8-13
- 11 Acts 22:30-23:11; Romans 14:4; 1 Corinthians 15
- 12 Acts 23:12-35; 9:15-16; Philippians 1:17-30; 1 Peter 1
- 13 Acts 24; Matthew 10
- 14 Acts 25:1-22; Ecclesiastes 5:8; Psalm 118
- 15 Acts 25:23-26:32; Psalm 7; Psalm 119:41-48
- 16 Acts 27-28:10; Psalm 69



Fight the good fight with all thy might. Christ is thy strength and Christ thy Right. Lay hold on life and it shall be thy joy and crown eternally. Run the straight race through God's good grace. Lift up thine eyes and seek His face; life with its way before us lies; Christ is the path and Christ the prize. Faint not from fear, His arms are near; He changeth not and thou art dear. Only believe and thou shall see that Christ is All in All to thee. (The Hymnbook, No. 359)

- 17 Acts 28:11-31; 2 Corinthians 11:21b-12:10; Romans 5:1-5; 2 Timothy 1:8-2:13
- 18 Matthew 28:18-20; Romans 10:12-3; 2 Timothy 4:1-8
- 19 Philemon 1-25; Matthew 18:21-35; Colossians 3:12-17
- 20 Psalm 19; 119:133; Ecclesiastes 12:13-14; Psalm 18:32
- 21 John 8:1-11; John 4:4-42; Psalm 103
- 22 Psalm 79; Jeremiah 5
- 23 Psalm 25; Psalm 51; Isaiah 65:17

My Jesus, as Thy wilt, oh may Thy will be done. Into Thy hand of love, I would my all resign. Through sorrow or through joy, conduct me as Thine own. And help me still to say, "My Lord Thy will be done. My Jesus, as Thy wilt, though seen through many a tear, let not my star of hope grow dim or disappear. Since Thou on earth has wept, and sorrowed all alone. If I must weep with Thee, "My Lord, Thy will be done. (Worship in Song, No. 112)

- 24 Jonah 1; Psalm 89:9; 107:29; Luke 8:22-25; Psalm 69
- 25 Jonah 2; Jeremiah 10:1-16; Psalm 77
- 26 Jonah 3; Jeremiah 18:1-10; Psalm 81:8-16; Romans 9:14-26
- 27 Jonah 4; Joel 2:12-14; Romans 10:8-15
- 28 Nahum 1; Romans 2:1-16
- 29 Nahum 2; Psalm 9
- 30 Nahum 3; Revelation 18-19

John saw the heaven and earth made new, the first had passed away, the Holy City coming down, the new Jerusalem. And God Himself will dwell with men and wipe away all tears; there is no sorrow, pain or death throughout the coming years. "Behold, I make all things anew," these faithful words are true, to him who over-cometh sin, these faithful words are true. In beautiful Jerusalem, God's glory gives it light; all kings and nations walk in it, "For there shall be no night." (The Hymnal, NO. 547)

- 31 Revelation 19; Matthew 22:1-14

AUGUST

- 1 Revelation 20; Matthew 25:31-46
- 2 Revelation 21-22
- 3 Job 1; 1 Peter 5:8-11; Psalm: 37:23-40; Revelation 12:10-12
- 4 Job 2:1-10; Matthew 4:1-11; 2 Corinthians 12:7-10; Psalm 88, 91
- 5 Job 2:11-13; Jeremiah 20:14-18; Psalm 22:1-11; Proverbs 17:17; 18:24; 27:6-10
- 6 Job 3; Psalm 62, 63



O for a faith that will not shrink, though faced by every foe. That will not tremble on the brink of any earthly woe. That will not murmur nor complain beneath the chastening rod. But in the hour of grief or pain, will lean against its God. A faith that shines more bright and clear when tempests rage without; that when in danger knows no fear, in darkness feels no doubt. Lord, give us such a faith as this; and then what-e`er may come, we'll taste even here the hallowed bliss of our eternal home. (Worship in Song, No. 445)

- 7 Job 4-5; 1 Corinthians 3:18-20; Hebrews 12:1-13
- 8 Job 6-7; Lamentations 3:1-26; Psalm 38
- 9 Job 8; Jeremiah 29:11-13; Psalm 25
- 10 Job 9-10; James 5:7-20
- 11 Job 11; Proverbs 3:5-8; Psalm 23
- 12 Job 12-13; Jeremiah 32:17-19; Hebrews 9:27-28
- 13 Job 14-15; Psalm 37; 116

Be still my soul: The Lord is on thy side. Bear patiently the cross of grief or pain. Leave to thy God to order and provide. In every change, He faithful will remain. Thy hope, thy confidence, let nothing change, He faithful will remain. Be still, be still my soul. Thy best, thou heavenly Friend, through thorny ways leads to a joyful end. (The Hymnbook, No. 274)

- 14 Job 16-17; Psalm 31
- 15 Job 18-19; Psalm 41; Isaiah 43:18-19
- 16 Job 20-21; Proverbs 11:28; 23:5; 20:7-9; 1 Timothy 6:6-10; Luke 18:18-30
- 17 Job 22-23; Psalm 116; Proverbs 8:17; Jeremiah 29:11-13
- 18 Job 24-25; Psalm 139:11-12; John 8:12; Ephesians 5:8-14
- 19 Job 26-28; Psalm 51:6; Proverbs 2; James 1:2-8
- 20 Job 29-31; James 1:9-26; Ephesians 2:8-10

For I know that my Redeemer liveth and on the earth again shall stand. I know eternal life He giveth, that grace and power are in His hand. I know my Redeemer never failed, the Word He speaks, it cannot die. Though cruel death my flesh assaileth, yet, I shall see Him by and by. I know that Jesus liveth and on the earth shall stand again. (Worship in Song, No. 156)

- 21 Job 32-33; 1 Timothy 4:12; 2 Corinthians 10:12; 1 Corinthians 1:18-31
- 22 Job 34-35; Ecclesiastes 12:14; Romans 2:5-11; Psalm 103:8-18
- 23 Job 36-37; Jeremiah 46:27-28; Hebrews 12:4-11; Isaiah 40:17-31
- 24 Job 38-39; John 1:3; Colossians 1:15-17; Isaiah 29:13-16; Isaiah 49:9-14
- 25 Job 40-42:6; Romans 14:4; Matthew 7:1-6; Proverbs 20:27; Psalm 139:23-24
- 26 Job 42:7-17; Matthew 5:21-24; Colossians 3:12-17; 1 Peter 5:6-11
- 27 Philippians 1; Mark 8:34-38; Romans 1:16; 2 Timothy 1:8-14



Oh love that will not let me go. I rest my weary soul in Thee. I give thee back the life I owe, that in Thine ocean depths its flow, may richer, fuller be. Oh cross that lifted up my head, I dare not ask to fly from Thee. I lay in dust life's glory dead, and from the ground there blossoms red, life that shall endless be. (The Hymnbook, No. 400).

- 28 Philippians 2:1-11; Galatians 5:19-21; James 3:13-16; 1 Peter 3:15-17; 5:1-6
- 29 Philippians 2:12-30; Exodus 16:6-8; Numbers 16:25-45; 1 Corinthians 10:1-13
- 30 Philippians 3:1-4:1; 1 Corinthians 9:14-27; 2 Timothy 4:7-8
- 31 Philippians 4:2-9; Romans 8:26-28; Ephesians 6:18-20; Psalm 119:145-176